



PROGRAM MANUAL

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WELCOME

TO HIS HOUSE OF HOPE

His House of Hope is a Christ centered residential rehabilitation center dedicated to helping men find a new path in life. We understand how hard it can be to make a change, and we strive to create an environment that is safe, supportive, and encouraging.

Our team of experienced staff and volunteers provide the guidance and support needed to help our clients transition into a sober lifestyle. We believe in the power of God, the hope from Jesus Christ and the leading of the Holy Spirit. We strive to provide a place where men can find the strength to make lasting life changes.

Robert Knaack

Executive Director.

“There was a time when I felt completely lost in the world, ensnared by the clutches of addiction and thievery. My journey led me to serve time in prison, an experience that unexpectedly introduced me to someone who would transform my life entirely – Jesus. Upon my release, I committed to following the path that Jesus laid out for me, dedicating myself to helping others who, like me, had battled similar struggles. Today, I share my story to spread the message that there is hope for individuals facing challenges like mine. Allow me to share with you the impact that Jesus has had on my life.”

(Robert Knaack)



01

PROGRAM

SCOPE

This is a Christ-centered program. In Christ-centered programs, the desire is that Christ receives the glory as He provides the spiritual resources to program participants.

The first problem all people have is slavery to sin. The bible says; all have sinned and fall short of God's glory (Romans 3:23) Jesus answered them, "Truly, truly, I say to you, everyone who practices sin is a slave to sin." Addiction is no worse than other sins. But it can be more life altering than many other sins. The answer to sin-slavery is found in Jesus Christ, who has the power and resources to set us free. 36 So if the Son sets you free, you will be free indeed. (John 8:34-36)

Many who suffer long-term addiction issues are weighed down with the burden of guilt and shame. The answer to guilt and shame is forgiveness. The Apostle Paul wrote that we confess our sins, He is faithful and just to forgive our sins and cleanse us from unrighteousness.

(1 John 1:8-9) God offers forgiveness and a brand-new start to the new life offered by Christ. We can start over because of Jesus! The choice residents must make is whether they will walk in the new life offered by Christ, or walk in a way that leads to slavery to sin, and the short-term and eternal consequences.



PROGRAM

GROWTH OBJECTIVES

Academic Growth.

Engaging in academic growth such as GED acquisition or computer literacy significantly enhances one's vocational prospects. Committing to continuous learning fosters heightened motivation, confidence, and a broader range of opportunities.

Sobriety Growth

Overcoming prolonged addiction and embracing a liberated life entails being part of a supportive community consisting of counselors and individuals who have triumphed over similar challenges. Together, they can encourage the development of fresh, positive habits for a sober lifestyle.

Financial Growth

You'll learn how to create and stick to a budget, refine your spending habits, work through Financial Peace University, a personal finance class, and learn to pay off your debt.

Nutritional and Fitness Growth

We'll collaborate with you to identify ways to cultivate a nutritious eating routine, support your adherence to a chosen diet if desired, and assist you in establishing and sustaining weight loss and exercise objectives.



PROGRAM

GROWTH OBJECTIVES

Spiritual Growth

Throughout your stay, you will be accompanied by spiritual mentors who will offer support and guidance on your spiritual journey. Success within this program will be marked by the observable manifestations of the fruits of the Spirit. Spiritual growth is paramount, as collaborating on this aspect will pave the way for the accomplishment of various other objectives.

Mental Health Growth

Certain individuals struggling with addiction may have turned to substances to cope with unresolved mental health issues. Prolonged substance abuse and homelessness can contribute to medical complications. Our objective is to collaborate with counselors and medical professionals to enhance the mental and medical well-being of participants in the program

Vocational, Mission, and Life Skills Growth.

God has designed people to be inherently productive. Discovering a fitting career, mission, or trade transforms us into contributors rather than individuals reliant on community resources. Engaging in productive endeavors enhances our confidence, sense of purpose, and overall meaning in life. Moreover, a rise in income enables us to fulfill responsibilities and invest in activities that bring us joy. Additionally, you will receive instruction in essential life skills such as woodworking, housekeeping, and basic mechanics.

Our Motto

**From addiction to
productive, God
honoring citizenship**

VISION STATEMENT

The transformation of all willing souls in the Price County Area from addiction to a healthier lifestyle and productive citizenship

MISSION STATEMENT

His House of Hope exists to offer freedom from addiction through the transformation of Jesus Christ and by restoring the life of men to be productive, healthy members of society.

We strive to help by

- Meeting basic needs (food, clothing, shelter, etc.) without enabling
- Providing faith-based rehabilitation programming to restore those with AODA issues
- Sharing the Gospel of Jesus Christ and Biblical values
- Involving them in local Bible-believing churches
- Keeping them accountable for their actions by showing both care and correction
- Promoting healthy families and responsible citizenship

OUR VALUES

● Dependence on God

God is our provider and we depend on Him for our support and guidance.

● Evangelism

The Gospel of Jesus Christ has the power to save and transform lives for the glory of God.

● Restoration

With the goal of being renewed to one's full potential, we want our programs to help facilitate this process for individuals to abstain from destructive behaviors and maintain a restored life and lifestyle.

● Integrity

We will strive to be faithful stewards of all God has given us and will exercise honesty and wisdom in our decisions and conduct.

● Safety

We will do everything in our power to ensure a safe and healthy environment for all staff and residents, physically, emotionally, and spiritually.

OUR VALUES

● Compassion

We will strive to show the love of Christ to those in need by demonstrating empathy and unconditional positive regard.

● Healthy Family Systems

We will strive to educate residents on healthy family dynamics through appropriate interactions with staff, residents, family of origin, and other community members to foster healthy boundaries and interpersonal skills.

● Mentorship

We will foster relationships that help to grow, support, advise, motivate, coach others into reaching their goals of living healthy, sober, and productive lives.

● Community and Church Partnerships

We will partner with other community members, businesses, and organizations, along with the different churches in the community to better provide residents with resources and tools to reach their goals of living healthy, sober, and productive lives.

OUR BELIEFS



1 THE WORD OF GOD

We believe in the authority and inspiration of the Bible. We believe The Word of God to be infallible and inerrant, our supreme authority in all matters of faith and conduct. (2 Tim.3:16; Ps.19:7-11; 2 Pe.1:3)

2 THE TRINITY

We believe in one true God, the Creator of Heaven and Earth, Sovereign over all, eternally existent in three persons - Father, Son, and Holy Spirit (Gen.1:1; Deu.6:4; Is.46:9-10; Mt.28:19; 2 Co.13:14, Eph.2:18; Rev.1:4-5).

3 Incarnation, Life, Death, Resurrection, and Second Coming of Jesus Christ

We believe in God the Son, God manifest in flesh, our Lord Jesus Christ, the world's only Savior. We believe in His pre-incarnate existence, His virgin birth, His sinless life, His death, His burial, His bodily resurrection, His ascension into heaven, His present mediatory ministry, and His expected, personal return in power and glory. (Jn.1:14; 1 Tim.4:10; Jn.1:1-2; Mt.1:23; Acts 1:9-11; 1 Co.15:3-4; 2 Co. 5:21; Heb.9:15; Rev. 1:7).

OUR BELIEFS

4 HOLY SPIRIT'S TRANSFORMATIVE ROLE IN BELIEVERS' LIVES

We believe in God the Holy Spirit, who convicts the world of sin, regenerates all believers, and indwells and enables believers to live holy lives of witness to our Lord Jesus Christ (Jn.16:7-8; Tit.3:5; Rom.8:9-12; Gal.5:16).

5 Human Sinfulness and Separation from God

We believe in the sinfulness of mankind. We believe that man is born separated from God and is subject to His eternal wrath and condemnation. (Rom. 3:23; 6:23).

6 The Transformative Power of the Gospel in Creating New Lives in Christ

We believe and proclaim that the Gospel of Jesus Christ has the power to change the lives of all who believe, making them a new creation in Christ through the new birth. (Rom. 1:16-17; 2 Co. 5:17)

7 Salvation Only Through the Blood of Christ

We believe in the eternal salvation of everyone who believes in the Lord Jesus Christ. This salvation is provided freely by God's grace through the shed blood, the sacrificial death, and the bodily resurrection of our Lord Jesus Christ. This salvation is not by our own works, consequently a saved Believer will, as a natural product of their faith, shun sin and practice good works. (Jn.3:16; Eph. 2:8-9; James 2:17; 2 Co. 5:21).

OUR BELIEFS

8 BODILY RESURRECTION AND ETERNAL DESTINIES OF BELIEVERS AND UNBELIEVERS

We believe in the bodily resurrection of all the dead: believers to the full enjoyment of eternal life in heaven; unbelievers to the full condemnation of eternal death in hell. (Jn.5:25-26; 1 Co.15:51-52; 1 Th.4:13-17; Rev. 20:11-15).

9 Local Church Partnership for Discipleship and Ministry

We believe in the importance of the local church and its role in discipling and equipping the believer for the work of the ministry. (Eph.4:11-12). We are not a church and will therefore partner with the local Bible believing churches to provide this function.

10 Biblical View of Marriage and Sexual Purity

We hold to the Biblical standard that God created the institution of marriage between one man and one woman, for the purpose of procreation in the context of a family. Any form of human sexual activity apart from the covenant of marriage is a transgression from God's natural law and is sin.



PROGRAM

RULES

- *Nicotine use only allowed in the form of patches, gum, and pouches. No vaping, smoking, or chewing tobacco allowed.
- *No substance or mock substance that can affect UA's. Delta 8,9,10 cbd spice... etc
- *Failing UA is grounds for dismissal. (One retry if asked right after with close supervision)
- *Failed Breathalyzer grounds for dismissal (2nd with different breathalyzer given right after if asked for)
- *No computers during week unless authorized
- *No TV during the week unless authorized
- *No cell phone use during any studies hosted at HHOH unless authorized and supervised by staff
- *No cell phone use for the first phase of the program of stay unless authorized otherwise
- *Calls from house phone only to approved people on your call list
- *Showering and brushing teeth daily
- *No gambling
- *No loud noises or banging that disrupts others
- *No going thru other's belongings
- *Being caught with other's property is grounds for starting a dismissal case
- *Prescription medication will be handed out by staff
- *All mail will be checked until trust is gained. We reserve the right to check mail at anytime in the program
- *Bed linens and clothes washing will be done at appointed days and times that are given to you
- *Any movie must be approved by House Parents first
- *Sign-In and sign-out are required anytime leaving the House grounds. Others can not sign-in or sign-out for you
- *Physical Exercise that is not endangering your health is required for healthy transformation
- *Any form of over indulgence will be viewed as an idol and shall be discussed for removal during one-on-ones
- *You will pick up after yourself and do the chores you have been given for your week
- *Collared shirts are to be worn at times when not in your room, unless given permission not to
- *Masturbation is seen as a sexual immoral action and shall not occur in this Holy House
- *Porn will be grounds for dismissal
- *Honesty is a must have. Lying or stretching the truth will be handled by staff accordingly
- *Phones may be subject for inspection of data usage and browser history

PHASE ONE

CRITERIA OF COMPLETION

Phase One is the foundation of the His House of Hope recovery program and typically lasts between 90 and 180 days. During this time, men begin rebuilding their lives in a safe, structured, and Christ-centered environment focused on stability, healing, and long-term transformation.

The main goal of Phase One is to help each resident establish a strong foundation for sobriety and healthy living. Every man works closely with a Success Counselor to create and follow a personalized success plan that addresses the key areas of life impacted by addiction, destructive choices, or instability. Progress through the phase is based on meeting personal goals and demonstrating consistent growth, not simply the passage of time.

A major part of this phase is what we call an environmental and social detox. Residents intentionally step away from outside distractions and unhealthy influences, including social media, unnecessary electronic communication, and former social circles that may have contributed to destructive lifestyles. This temporary separation allows men to fully focus on healing, personal accountability, spiritual growth, and building healthy relationships within a supportive community. Throughout Phase One, residents participate in daily structure, biblical discipleship, mentoring, household responsibilities, recovery-based programming, and character-building activities designed to restore purpose and direction. Men learn how to live in community, develop healthy routines, and begin replacing destructive habits with God-honoring principles and life skills.

This phase is not simply about “getting sober.” It is about creating lasting change from the inside out — mentally, emotionally, spiritually, and physically — while preparing each resident for greater responsibility and independence in the next phases of the program.

Completion Reward

Engraved Bible for completion.

PHASE TWO

CRITERIA OF COMPLETION

Phase Two is designed to help residents begin applying the stability and personal growth developed in Phase One to everyday life responsibilities. This phase typically lasts between 30 and 90 days, depending on each individual's progress, consistency, and readiness for increased responsibility.

During this stage, residents continue participating in structured morning programming that includes biblical discipleship, recovery education, personal development, and classroom-based learning. At the same time, they begin transitioning back into the workforce through part-time employment opportunities during afternoons, evenings, or weekends.

The purpose of Phase Two is to help men learn how to successfully balance real-life responsibilities while maintaining sobriety, structure, and spiritual growth. Residents are expected to manage part-time work schedules, household responsibilities, personal studies, and continued participation in the program community. This phase emphasizes accountability, time management, work ethic, financial responsibility, and healthy daily routines.

As residents gain employment experience, they also continue developing important life skills such as communication, leadership, problem solving, and personal discipline. The goal is not simply to find a job, but to build consistency, responsibility, and confidence while learning how to live a productive and balanced lifestyle.

Phase Two serves as an important bridge between the highly structured environment of early recovery and the increased independence expected in the next phase of the program.

Completion Reward
Activity of choice bowling/fishing/ hiking/etc.
for whole house/family/mentors
(Preapproved by staff)

PHASE THREE

CRITERIA OF COMPLETION

Phase Three is the final stage of the His House of Hope program and is focused on leadership, independence, and long-term success. In this phase, residents begin demonstrating the growth, discipline, and character they have developed throughout the program by learning to lead not only others, but also their own lives in a healthy and God-honoring way.

During this stage, residents are typically engaged in full-time employment, ministry involvement, or other productive vocational opportunities while continuing to live within the accountability and structure of the program. The focus shifts from simply learning life skills to consistently applying them in everyday life situations.

Residents are expected to maintain healthy routines, financial responsibility, personal studies, spiritual growth, and strong community involvement while preparing for independent living. This phase is designed to help each man build confidence in his ability to live responsibly outside of the program while remaining grounded in the principles and habits developed during recovery.

As participants near graduation, they work toward completing their individualized program goals, securing stable full-time employment that can support their future needs, establishing safe and reliable housing, and building financial savings to successfully transition into independent living.

Phase Three is about more than moving out on one's own — it is about becoming a stable, responsible, and productive man who is equipped to lead his life with purpose, integrity, and faith.

Completion Reward

Furnishing up to \$300 (If available)

**Celebration Banquet with
donors/church/family/friends/whole house/mentors**

CODE OF CONDUCT

Based on our Love for God:

Based on our love for God, we choose behaviors that honor God. These include:

Honesty Integrity Patience Tolerance
Meekness Humility Sharing Encouragement
Peace Love Faith Kindness Gentleness Forgiveness Self-control

Based on our Love For Others:

Based on our love for others, we choose behaviors that honor our peers. These include:

Compassion Kindness Respect Tolerance Patience Gentleness
Self-control Encouragement Safety Trust Forgiveness
Punctuality Deference Love

Maintain an Intentional, Faith-based, Healthy, Healing, Community:

Because we reach our goals intentionally, we choose behaviors such as:

Diligence Thoroughness Responsibility Productivity
and Intentional investment into positive and healthy behaviors

As a faith-based organization, we choose behaviors that are consistent with maintaining a faith-based environment for the support of those who value this. We choose to spend time investing in our relationship with God, by going to church together, praying together, and attending Bible study together.

As a healthy community, we choose behaviors that build up others, and we seek to identify and invest in healthy relationships while protecting ourselves from negative or unhealthy relationships. We choose to take responsibility for unhealthy behaviors, and we choose to be open, honest, kind, and transparent in our relationships with others.

As a healing community, we choose behaviors that support and encourage other people in our lives. We choose to demonstrate Godly behavior by showing grace and mercy to each other.

As a community, we choose to do these things together. Understanding the value of positive and healthy support networks, we choose to invest in relationships and develop them so that we have a healthy support network. We also choose to pursue restoration of broken relationships to honor the pattern set for us by Jesus, by going directly to the person who hurt us with a purpose of reconciliation

POLICY/CONTRACT

FOR PHASE 1 RESIDENTS (Updated 04/08/24)

Please read and initial.

Your signature at the bottom of this contract indicates that you are prepared to **fully cooperate** with the policies set forth. The His House of Hope Board of Directors and staff are excited and full of anticipation as you step into Phase I. **We are here to help you!** Phase I is a huge step toward living a Christ-centered life that is free from past lifestyle concerns.

INITIAL EACH LINE IN THE SPACE PROVIDED BELOW

1. _____ The resident will maintain an open, teachable spirit.
2. _____ Volunteer work, skill training, and physical exercise is required.
3. _____ Personal funds, including food cards, and disability monies will only be spent while supervised.
4. _____ Program fees of \$200 per month will include room and board. Payment will be paid in advance, unless arrangements are made with the Executive Director.
5. _____ The resident will be assigned a Mentor/Sponsor. He will keep an active relationship with him by talking and/or meeting with him once a week.
6. _____ The resident will attend Sunday Church services weekly. If employment interferes with Sunday morning services, the resident will attend a Saturday night service or watch a recorded service and make notes of that service.
7. _____ The resident will participate in all HHOH meetings, small groups, seminars, etc when he is not at work or excused by the Executive Director.
8. _____ Cell phones are not permitted until after Phase 1 in the program and then will be used in accordance with HHOH policies.
9. _____ There will be no dating while in the program. No exceptions will be made!
10. _____ The Executive Director and Success Coach reserve the right to administer drug and alcohol testing at any time.
11. _____ The resident will be encouraged to grow in their relationship with Jesus through personal devotions and reading the Word of God.
12. _____ If the resident does not respect the Phase 1 Policies, Expulsion will be the result.
13. _____ Residents will abide by House and conduct policies named in this document. Failure to abide by clearly stated policies result in either demerits and loss of privileges or expulsion from the program.
14. _____ I read & agree with all things within the Resident Handbook and agree to adhere to all that has been disclosed.

X _____ X _____
Resident Signature Date Exe. Director Signature Date

HOW TO CONTACT US



(715) 339-4406



info@hohphillips.org



hohphillips.org





YOUR JOURNEY **HAS BEGUN**

Let's Grow Together